

EDEL CIFUENTES RN, BSN, CPAN, CAPA



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Professional Summary

With nearly 15 years of nursing experience across various specialties, I bring a wealth of knowledge and a strong commitment to patient care. I earned my Bachelor of Science in Nursing from UMDNJ (now Rutgers University) and have since dedicated myself to providing exceptional care while promoting positive health outcomes. For the past 12 years, I've worked in various critical care settings, including Med-Surg, Telemetry, ICU, Step-Down, Dialysis, Operating Room, and Surgical Services. Recently, I transitioned into infusion nursing, further expanding my nursing skill set, and I just obtained Basic: Botox and Filler Injector certification. My Same Day Surgery department awarded me the Caregiver of Excellence award this past year. I participated in iAspire, a voluntary professional development program offered by my employer, Intermountain Health. As a result, I'm now CPAN and CAPA credentialed (Certified Post Anesthesia Nurse and Certified Ambulatory Perianesthesia Nurse). As a bilingual nurse fluent in Spanish, I'm equipped to serve diverse patient populations with cultural sensitivity and ease. My compassionate approach to nursing and patient care, extensive experience, and cultural competence make me an invaluable asset to any healthcare team. I'm dedicated to ensuring patients receive the highest level of care and strive to create positive, lasting relationships with all I serve and work with.

Skills

- Precepting
- Clinical Coaching
- Perianesthesia Nursing
- Proficiency in Spanish
- Patient Management
- Infusion Nurse
- Mentoring
- Injector nurse

Work History

REGISTERED NURSE, 02/2026 to Current
The Glow Up Lounge MedSpa – Salt Lake City, UT
Injector Nurse

REGISTERED NURSE, 05/2025 to Current
The Rose Clinic – Orem, UT
PACU (Post Anesthesia Care Unit)/ Postop Nurse, The Rose Clinic

REGISTERED NURSE, 04/2025 to Current
Infusion of Care – Las Vegas, NV

Infusion Nurse, Infusion of Care

REGISTERED NURSE, 12/2024 to 11/2025
BrightStar Care – Lindon, UT
Infusion Nurse, BrightStar Care

REGISTERED NURSE, 02/2017 to Current
Intermountain Health (IH) – Provo, UT
PACU/SDS (Same Day Surgery) Utah Valley Hospital

REGISTERED NURSE, 06/2013 to 12/2025
Lone Peak Hospital
PACU (Post Anesthesia Care Unit)

REGISTERED NURSE, 04/2015 to 02/2017
Intermountain Health – American Fork, UT
Operating Room American Fork Hospital

REGISTERED NURSE, 05/2013 to 04/2015
Intermountain Health (IH) – Provo, UT
PCU (Progressive Care Unit/Step down), ICU,
Inpatient Dialysis at Utah Valley Hospital

REGISTERED NURSE, 03/2013 to 12/2014
Salt Lake Regional Medical Center
Med/Surg, Ortho & Gero Psych

REGISTERED NURSE, 06/2012 to 02/2013
Meadowlands Hospital Medical Center
Telemetry, ICU & Pulmonary

SUBSTITUTE TEACHER, 10/2008 to 02/2013
New York City Department of Education

REGISTERED NURSE, 09/2011 to 02/2012
New Jersey Children's Health Project

CERTIFIED ESL TEACHER, 10/2006 to 06/2008
Maplewood Intermediate School

Education

Doctor of Nursing Practice: Family Nurse Practitioner Program 08/2025-Present **WEBER STATE UNIVERSITY**

Bachelor of Science in Nursing: 09/2011 **RUTGERS UNIVERSITY**

Bachelor of Arts in Education and Speech and Language Pathology: 06/2006 **QUEENS COLLEGE**

Certifications

- CERTIFICATE OF COMPLETION: Injection Course 1- Basic: Botox and Filler Injection Course Certification 08/09/2025
- CERTIFIED QUALIFIED BILINGUAL SPEAKER (QBS): FOR INTERMOUNTAIN HEALTH: to interpret in Spanish 07/23/2025
- CERTIFIED AMBULATORY PERIANESTHESIA NURSE (CAPA), American Board of Perianesthesia Nursing 11/2024 - 11/2027
- CERTIFIED POST ANESTHESIA NURSE (CPAN), American Board of Perianesthesia Nursing 09/2024 - 09/2027
- PALS CERTIFICATION FOR HEALTHCARE PROVIDERS, American Heart Association, 12/2024 - 12/2026
- ACLS CERTIFICATION FOR HEALTHCARE PROVIDERS, American Heart Association, 12/2024 - 12/2026
- BLS CERTIFICATION FOR HEALTHCARE PROVIDERS, American Heart Association, 12/2024 - 12/2026

Accomplishments

- “GOOD CATCH” RECOGNITION REWARD for preventing harm from reaching a patient 01/2025
- iAspire PROFESSIONAL DEVELOPMENT NURSING PROGRAM COMPLETION FOR IH, achievement of level 4/5 in 09/2024
- CAREGIVER OF EXCELLENCE AWARD, Utah Valley Hospital Intermountain Health, 05/2024
- HUMANISM IN HEALTHCARE AWARD, Healthcare Foundation of New Jersey, 07/2011
- STUDENT EXCELLENCE AWARD FOR OUTSTANDING CLINICAL PERFORMANCE, UMDNJ School of Nursing, Newark, NJ, 05/2011

Leadership Experience

Clinical coach, Mentoring and preceptor for nursing students, new graduate nurses, and new hire nurses

Membership in Professional Organizations:

American Association of Nurse Practitioners Membership 08/26/2025- 08/26/2026



Before and After Botox shots 2 weeks after



Before and After Cheek filler



Before and After Botox shots 2 weeks after



Before and After cheek and lip filler



Before and After lip filler



Edelmira Cifuentes RN,BSN



CPAN, CAPA, Certified injector